

March RIDES

Saturday, February 27 1 or 3/L or S/30 or 50

Ride Series #6- Meet & Greet (Sunol)

Meet at 8:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 9:00 A.M. The group rolls out together, splits into groups, heads over to Pleasanton via the Dublin Grade. The short route goes to Panera Bread Bakery in Dublin. The long route goes to the Jazz Café in Sunol. Download "[Route Sheet 200906](#)" at CherryCityCyclists.org.

Bring water, snack and \$.

Contact: Mike Nagorka at mnagorka@aol.com

Sunday, February 28 1/L/20

1 of 4 Easy Rides

Alameda Creek Trail

Join the club on an easy training ride. We will cycle leisurely on a scenic bike path towards the bay. This is a good introduction to group cycling, bike etiquette and a good way of getting fit. It's also a great way to meet other cyclists and learn more about the other rides in this series. Meet at the Isherwood Staging Area in north Fremont 9:30 a.m.

Driving Directions:

Take 880 south, exit at (north) Fremont /Alvarado Blvd, turn left, go over the overpass, left at Paseo Padre Pkwy, cross Decoto, left at Isherwood Way, turn right into the staging area.

Traveling by BART:

Take BART to Union City, left at Union Square, left Alvarado Niles Rd, right Osprey Dr, left Quarry Lakes Dr. This road will change to Isherwood and take you to the staging area. Approx. 2 miles from the BART station.

Bring water and snack. Non-members are welcome. Rain cancels.

Contact: Vicky Ma at 510 813-6690 or chinamite57@yahoo.com

Sunday, February 28 1/T/35 and 50

Alameda Creek Trail and Beyond

Join me on a ride to the Isherwood Staging Area for the progressive series. BART is an option after the training session. You can also return with me to the start. The route is mostly flat. Meet at the Bayfair Shopping Center parking lot near Petsmart just off Hesperian Blvd. We roll at 8 a.m.

Bring water, snack and \$ for food. Non-members are welcome. Rain cancels.

Contact: Vicky Ma at 510 813-6690 or chinamite57@yahoo.com

Saturday, March 6

Show & Go

Meet at 8:15 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8:30 A.M. Route, distance and pace will be determined at the time by the group. Bring water, snack and \$. Rain Cancels.

Sunday, March 7 **1/L/27**
Coffee Ride to Julie's in Alameda
2 of 4 Easy Rides

Meet at the Bayfair Shopping Center parking lot near PetSmart just off Hesperian Blvd. at 9:30 A.M. Join me on a less traditional route into Alameda via the Martin Luther King Shoreline Trail. Enjoy the restoration of this Wetland as we take this path into Alameda to Julie's for a café break. We'll return along the Bay and cycle back on the Oyster Bay Trail with more tips on group cycling and road etiquette. Bring water, snack and \$ for coffee. Non-members and faster rider are welcome. These are good recovery rides and an opportunity to share your tips and experiences. Rain cancels.

Contact: Vicky Ma at 510 813-6690 or chinamite57@yahoo.com

Saturday, March 13
Show & Go

Meet at 8:15 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8:30 A.M. Route, distance and pace will be determined at the time by the group. Bring water, snack and \$. Rain Cancels.

Sunday, March 14 **1/L/18-40**
Coffee Ride to El Greco North Beach in San Francisco
3 of 4 Easy Rides

Meet at the Bayfair Shopping Center parking lot near PetSmart just off Hesperian Blvd. at 8:00 A.M. We will leave at 8:15 A.M. NOTE: this is an earlier ride than previous. Let's head over to Northbeach in San Francisco to one of my favorites. We'll ride over to West Oakland and take BART into SF to El Greco from the Ferry Building at the Embarcadero. For the seasoned riders who are on this route, cycle up to Coit Tower and/or do a short loop in the Presidio and join the group when you're done. On the return trip, choose to ride directly back to the start or join me and get off at West Oakland and cycle back. Bring water, snack, \$ for BART and food. Non-members and faster rider are welcome. These are good recovery rides and an opportunity to share your tips and experiences. Rain cancels.

Contact: Vicky Ma at 510 813-6690 or chinamite57@yahoo.com

Saturday, March 20 **4/60/T**
Mines Road Ride

Join Shelley as she leads her first ride (Yeah, she knows it's taken a while) out Mines Rd. in Livermore to the Junction Cafe and back. 3,400 feet total climbing. We'll leave from the Livermore Library, 1188 S. Livermore Ave., at 9:00 A.M. Rain cancels. Bring money or snack and water.

Contact: Shelley at 510-209-4547 or shuzzie53@aol.com

Sunday, March 21 **2/L/27**

Ostriches and Zebras, Las Trampas

4 of 4 Easy Rides

Meet at Lucky Pizza 7410 Amador Valley Blvd, Dublin at **9:30 am**. We'll roll at 9:45. You can see them on this route, not always the zebra but the ostriches for sure. That's only if you're not too busy grinding and looking down at the pavement. Remember, cycling is fun not serious. There is a slight grade 5 miles into the regional park, gradual and not steep. It's a very nice terrain; a wide scenic road with little to no traffic. Ideal for a novice rider ready to take on the next riding series. If you have participated in all the Easy Rides, pat yourself on back! We will encourage you to continue. Onward to the next challenge! Bring water, snack and \$ for food. Non-members and faster riders are welcome. These are good recovery rides and an opportunity to share your tips and experiences. Rain cancels.

Driving Directions:

Take 238 to 580. Exit at San Ramon Rd/Foothill Rd. Merge onto San Ramon Rd towards Dublin. Right turn at Amador Valley Blvd. Restaurant is on the right just before Village Parkway.

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Bring water, snack and \$.

Contact: Mike Nagorka at mnagorka@aol.com

Sunday, March 28 **2/L/35**

Onward to 50 – 1 of 4

Bent Creek Winery

Welcome to the next group of rides. This series will help you achieve 50 miles starting with 35. Meet at 9 am at Bent Creek in Livermore. We will introduce some moderate climbs with spectacular views of the vineyards and valley. Good times begin on the road. Bring your own picnic lunch and enjoy wine tasting at the end of the ride. After lunch, learn how to change your tire. Bring a pump, tire irons and a tube. Bring water, snack, \$ for food. Non-members and faster riders are welcome. These are good recovery rides and an opportunity to share your tips and experiences. Rain cancels.

Driving Directions:

Address: 5455 Greenville Rd. Take 238 to 580. Exit at Greenville Rd. Turn left on South Frontage Rd. Drive ¼ mile to Greenville, turn right and drive 8 miles pass the Poppy Ridge Golf Course. The winery is on the right at the top of the hill. Go through the gate and park across from the first house.

Contact: Vicky Ma at 510 813-6690 or chinamite57@yahoo.com