

200905 Rev 4.16.09

To Dumbarton & Stanford

Flat (slight grade over bridge)

Approx 30 miles to Newark & back

Approx 43 miles to La Baguette to Union City BART

Approx 55 miles to La Baguette & back

Exit to the left

L Hesperian

R Winton

L Clawiter Rd/Industrial

R Hesperian/Union City Blvd/Ardenwood

R Paseo Padre Pkwy/Thornton Ave

REGROUP @ entrance to Don Edwards SF Bay/Marshlands

Rd to Dumbarton

30 Mile Route

Group continues on Thornton

To Starbucks nr Sycamore

L Sycamore

L Mayhews Landing Rd

L Willow

R Papaya St

R Peachtree Ave

R Thornton/Paseo Padre Pkwy

L Peterson Ranch Rd, stay right

Cont on Alameda Creek Trail bike path

Exit to Decoto Rd

L Decoto Rd

L Alvarado Niles Rd

R Central

L Whipple

R Huntwood

R Gading

L W Harder

R Santa Clara

X A Street

Becomes Hathaway

R Via Toledo

R Via Granada

L Leweling

R Usher

L College

R Hesperian

Back to PetsMart

L Willow

L Middlefield

R Palo Alto Ave

L Bryant

R University

Goes straight onto Palm Dr into Stanford

Regroup @ end of the oval park

X sidewalk via driveway to the right

R Serra Mall

R Via Ortega

L Campus Dr

R Stock Farm Rd

R Sand Hill Rd

Break at La Baguette Inside Stanford Shopping

R Plum or Plumb Lane towards California Pizza

Kitchen isle to La Baguette

After break.....

R Sand Hill Rd

X El Camino Real

Veer left onto Palo Alto Ave

L over pedestrian bridge

R Willow

X Middlefield Rd

R (84) back onto bike path to Bridge

L Thornton/Paseo Padre/Ardenwood

R near top of overpass onto Alameda Crk Trail

Cont on Alameda Creek Trail bike path

Exit immediately after Decoto Rd overpass for..

R Decoto Rd

L Alvarado Niles Rd

R Central

L Whipple

R Huntwood

R Gading

L W Harder

R Santa Clara

X A Street

Becomes Hathaway

R Via Toledo

R Via Granada

L Leweling

R Usher

L College

R Hesperian

Back to PetsMart

55 Mile Route

R Regroup @ Dumbarton Visitor's Bathrooms

Cont. to Dumbarton Bridge, take path over bridge